



## 2413 STUDENT-ATHLETE CODE OF CONDUCT

Policy Type: Educational Programs  
Applies To: Student-Athletes  
Approved By: LCS Head of School  
Policy Reviewed: every 2 years  
Adopted: 09 2023  
Revisions: 05 2024

---

1. Strive to achieve excellence in Christ-like character and improved performance through full honest effort
  - (a) Compete with intensity but maintain perspective. Do not let any situation deter you from your responsibility to model Christian ideals.
  - (b) Compete to reach your God-given potential regardless of discouragement or complacency.
  - (c) Recognize your athletic gifts as God-given and direct the glory received from these gifts to God's glory.
2. Compete with integrity
  - (a) Learn, understand, and adhere to the written rules of the sport.
  - (b) Do not manipulate the rules to gain an unfair advantage over the other team.
3. Win with humility, lose with dignity.
  - (a) Give the other team full credit if they win. Refrain from excuse and accusation. Be determined to learn and grow from the experience.
  - (b) Accept both victory and losses with pride and compassion, being neither boastful nor bitter. Establish goals beyond only winning so you can leave with some degree of success.
4. Personal Conduct
  - (a) Exercise self-control at all times in your reactions towards the other team, spectators, officials and yourself. Self-control must be demonstrated verbally as well as non-verbally. Refrain from profanity.
  - (b) Recognize violence, physical intimidation, verbal abuse, gestures and taunting are unacceptable.
  - (c) Refraining from tobacco, vaping, alcohol, drug, or abuse of other banned substances as outlined in the LCS Substance Prevention Policy.
5. Honor the other team members, officials and spectators
  - (a) Treat visiting teams, spectators and officials as integral to sport and as honored guests. Conduct yourself with honor and dignity.

- (b) Believe in the honesty and integrity of the other team and in the honesty, integrity, and interpretation of game officials.
- (c) Accept peacefully and without improper questioning the decision of the official.
- (d) Seek to build-up other participants so that all involved can improve and experience success and fulfillment in the competition.
- (e) Recognize and applaud honestly and wholeheartedly the efforts of your team regardless of circumstances.

6. Student Athlete Responsibilities

- (a) Is responsible for their actions inside and outside of the school as a representative of the school and an image bearer of God.
- (b) Is responsible to be prepared and on time to all team practices and games.
- (c) Is responsible to fulfill their commitment to the team and stay on that team to the end of the season of play.
- (d) Is responsible to communicate with coaches at the beginning of the season if there are potential scheduling conflicts that will impact their commitment to the team.
- (e) Is responsible for the use of all sports equipment and uniforms.
- (f) Is responsible to report any medical problems in a timely fashion, when such problems may limit their ability to travel, practice, or compete.
- (g) Is responsible to maintain academic standing (See Student-Athlete Eligibility Policy)

7. CONSEQUENCES:

Athletes that violate the school's code of conduct could face the following consequences based on the severity or regularity of the violation. The athlete will meet with the coach, athletic director, and administrative representative to determine the appropriate course of action. Possible consequences may include:

- (a) A behavior contract could be written to outline an individual student-athletes specific requirements to continue participation in the Lightning athletic program.
- (b) Suspension from a team for a defined number of practices and/or games
- (c) Expulsion from a team

Athletes that decide to break their commitment to a team during a season of play must talk with the coach, athletic director and a school administrator. If the rationale is not deemed to merit leaving the team, the student athlete will not be permitted to participate on another LCS team in that given school year and/or calendar year.

---

RELEVANT POLICIES:

## 2400 Lightning Athletics Purpose & Goals

Reviewed: 02 2026