



**LCS**  
EARLY LEARNING



## PRESCHOOL and JR K HANDBOOK



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**LCS PRESCHOOL and JR K**

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LCS Preschool and JR K is operated by the Langley Christian School Society and is located at the Elementary School campus. We offer programs for 3 and 4 year old children, designed for a smooth transition into LCS Kindergarten.

This handbook has been designed to explain our programs, policies and procedures.

Beginning preschool and JR K is an important decision and step in your child's life. Every child has their own unique interests, characteristics and needs. Your child is important to you and important to us. Our priority is that your child feels deeply loved, connected and accepted in our program. We strive to work together alongside parents as teammates in your child's first schooling experience, helping them to grow, learn and develop, both as an individual and as a member of our community.

Thank you for your interest in LCS Preschool and JR K. We look forward to sharing many meaningful and fun experiences with you and your child.

# Equipping Students, Transforming Lives

## LCS MISSION STATEMENT

Our mission is to educate, inspire and equip students in Christ-like discernment, to discover their gifts and to seek their calling so together we can transform lives and communities.

## LCS VISION STATEMENT

A thriving Christian learning community serving together to empower students to have impact in a changing world.

# WELCOME

LCS Preschool and JR K is a play-based program that recognizes the importance and value of Early Childhood Education. We provide an enriched, nurturing and stimulating learning environment for children to grow in their faith, social skills, self-regulation, confidence, self-esteem and knowledge. Through relationship, connection, play, exploration and discovery, children begin to develop their God-given gifts in all areas of learning; social, emotional, spiritual, physical and intellectual. We create experiences that meet the needs of the whole child in a positive and personal way, expressing how unique and special they are to God and us while fostering a lifelong love of learning.

We focus on process rather than product, what your child brings home from school may not look like a “work of art” to you, but it’s something they may have worked very hard on and will be proud of.

Our goal is to model a love for Jesus and each other through healthy and supportive relationships with one another. We encourage and celebrate that God created children full of imagination and curiosity. With the world at their fingertips ready to explore, the classroom becomes their laboratory and play is their work. We strive at keeping a well-balanced, intentional, stimulating and loving program taking into consideration each individual and their needs.

## THE TEACHER

We believe the teacher is the key to a play centered curriculum. It is the teacher's role to provide and model opportunities for the children through play, while being aware of the individual child. Teachers will observe each child's individual developmental needs, meeting each child where they are at. Teachers will support children's learning by setting up an environment that engages all children. The teacher's role is to expand on a child's interests, needs and abilities, and to provide familiar structure and routines. Teachers will offer comfort to children, form relationships with them and provide the best home away from home possible to make children feel safe and secure while having fun and learning.

## TEACHER QUALIFICATIONS

Our teachers are licensed professional Early Childhood Educators and Early Childhood Educators Assistants trained in child development and education. We have teachers on staff who have completed additional education specializing in special needs and infant toddler development, care and education. Our special needs educator is available to consult with the teachers and provide strategies if there are any concerns about a child's development. We believe in the importance of early intervention and our hope is to provide every child with the tools they need to be successful now and as they grow. We work closely with Inclusion Langley to provide additional support for children with developmental concerns. If you have any questions or concerns about your child's development our teachers are here to help.

## ADMISSION

The minimum required age for admission is 3 years old by December 31 of the year of enrollment. Children must be completely toilet trained with the expectations of the following.

1. They can independently complete the bathroom routine: pull pants down, sit down, use the toilet, wipe, pull pants up, flush.
2. Do not require a pull up.
3. Recognize and can verbalize that they need to use the toilet.

Should your child have a medical exemption or a care plan with us, they would be exempt from the above requirements.

The Preschool and JR K program has the right to change/shift class composition based on the developmental needs and dynamics of the class. The Preschool and JR K program has the right to refuse, decline or discontinue service without notice.

Any needs that you become aware of must be fully disclosed before school starts, where the Preschool/JR K will determine if this is the best fit for your child.

## SCHEDULE

Tuesday & Thursday mornings (8:45 – 11:15) 3-4 year olds

Tuesday & Thursday afternoons (12:15 - 2:45) 3-4 year olds Monday,

Wednesday, Friday JR K (8:45-1:45 Fridays 9:00 - 2:00) 4 year olds

# REGISTRATION

Registration Checklist: (to be submitted for complete registration)

1. Completed registration package through Blackbaud
2. Allergy Letter for children with allergies emailed to [preschool@langleychristian.com](mailto:preschool@langleychristian.com) . Please include as much information as possible. The allergen, reaction and treatment plan. Should your child require medication, we will send you medication forms after the allergy letter has been sent to us. Children will not be able to attend class until all of this information is complete.

Please note that while we will do our best to accommodate your preferred class it is up to our discretion to create the optimal class composition for the success and well being of all children. Class placement will be confirmed by early Spring.

# UPDATING YOUR CHILD'S FILE

The Preschool/JR K program keeps a record of attendance, registration and health information about your child. These must be kept up-to-date at all times. Kindly inform the supervisor of any changes of information such as: immunization records, change of address and phone number, allergy updates, changes in custody/authorized pick up persons, any developmental changes, supported child development involvement, speech/language or other health development concerns that transpire after you've submitted your registration. We will transfer all of the information you provide into your child's file.

## ORIENTATION SESSION

Parents and children are expected to come to school on their orientation day in September to meet the teachers and see our indoor and outdoor classroom. An invitation will be e-mailed out to you in June with more information.

## PRESCHOOL/JR K PAYMENT

Tuition fees will be available to pay through your Blackbaud account.

## AFFORDABLE CHILD CARE BENEFIT

The Affordable Child Care Benefit is a program implemented by the Ministry of Children and Families to assist families in the cost of childcare. This is an income-based benefit and you must apply for it. Please go online to the following website for eligibility and application.

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding/child-care-benefit>

A parent who qualifies for the ACCB is responsible for any difference between the fee and what is covered by this incentive – this is referred to as the Parent Portion. ACCB approval must be received before your child begins attendance at LCS Preschool and JR K or full payment will be required until it is received. In this case you will be reimbursed any differences in the amount of ACCB once it is approved or a credit will be applied to following months.

## CCFRI (CHILD CARE FEE REDUCTION INITIATIVE)

The Child Care Fee Reduction Initiative is a government program that reduces childcare fees, making programs more affordable for



families. This fee will automatically be deducted from each month's fees.

## REST TIME POLICY

During our programs that are over 4 hours, we will provide the children with a 30 minute rest time. Each child will have a separate mat and sheet should they require a nap. If a child does fall asleep during this rest time, they will be able to nap while the class moves into free play. We will ensure that "nappers" are on the quieter side of the classroom but never out of sight from staff.

## COMMUNICATION

We strive for open communication with our families. You can reach us through our school email [preschool@mylcs.ca](mailto:preschool@mylcs.ca) , phone number 778-878-7426 or at the door for pick up or drop off. We mostly communicate via email with our weekly/bi-weekly email. We will be sending you a link to a shared Google Photo link. We check our emails daily before class starts and again at the end of the day.

## PARENT VOLUNTEERS

There are ways parents can help that may or may not involve coming into the classroom. As these needs come up, we will inform you in the newsletter of what help is required and you can let us know if and how you are able to assist. We always welcome parents that are willing to support the teachers with general cleaning of toys and classroom furniture. Each year will look differently in terms of parent volunteers, especially when assessing the current safety measures set in place for us through our licensing office. We do require volunteers to have a current criminal record check on file at the school. You can find the link on Langley Christian School website under the parent

tab, there is another tab for volunteers.

## STUDENTS VOLUNTEERS

Our Preschool and Jr K welcomes students completing their Early Childhood Diplomas from various colleges to complete observation assignments and practicums at our facility. All students must provide a student ID for observations and criminal record checks for any time they spend at the facility. From time to time volunteers may come to the centre, volunteers also require criminal record checks to be on the premises.

*\*Please note that under no circumstances will a student or volunteer be left alone or in charge of any children at any time. Children will always be under the supervision of a staff member.\**

## SCREENTIME

Our program does not have any electronic devices for children to use. We do have a projector in the classroom for some music action songs and short story clips which we use a couple times per month at circle time. These activities are intended for teaching purposes at circle time only. We have a special movie and pajama day one to two times per year.

## PHOTOS

Photos in our class are taken for use within the facility and for parent enjoyment to see what children are doing during the day while attending and to record special events. If photos are to be taken or

used for any other reason, written permission is requested in advance from parents in the registration package. There will be times when parents are invited to special events held at the centre and will wish to take pictures. We do not post photos identifying children on Social Media and we request that you do not as well. Please refer to the photo contracts in the registration package.

## REPORTING ABUSE AND NEGLECT

We hope and pray that all children attending our school are growing up in a secure and loving environment. Unfortunately, the statistics show that Christian communities are not immune to problems with child abuse. The following procedures are in place to protect the children at LCS JrK and Preschool.

If you suspect abuse may have occurred outside the preschool facility (home, relative, other care situation) report to the Supervisor and then to an intake worker at the Ministry of Child Development at 604.514.2711.

If you suspect abuse may have occurred at the Preschool (involving staff, volunteers, etc.) phone Community Care Facilities Licensing at 604.514.6121.

Staff are legally required to report to the local Ministry for Children and Families Office, any situation which causes them to suspect that a child has been abused or neglected, or that his/her safety or wellbeing is endangered.

# INJURY PROCEDURE/REPORTABLE INCIDENTS

Here at LCS Preschool and Jr K, we are required to have policies and procedures in place for documenting minor accidents, illnesses, as well as reportable incidents that will be reported to our Licensing Officer. Some examples of reportable incidents are:

- A child goes missing or is unaccounted for while in the care and supervision of Preschool or Jr K staff
- A child's aggressive behaviour causes injury to another child
- A parent takes their child to a doctor or hospital for an injury that occurred at daycare.
- A child is diagnosed with a communicable disease
- A child has sustained a serious injury at daycare
- Facility evacuation due to fire, flood, etc.

If a reportable incident occurs, the staff will:

- Address the immediate safety of children in care (ex: call 911 if child is missing or seriously injured)
- Notify the child's parent/guardian immediately if their child becomes ill or injured, or is involved in a reportable incident while under the care of our Staff
- Notify Licensing within 24 hours (Immediately if a child is missing or seriously injured)

All minor injuries and illnesses that do not require medical attention and are not reportable incidents are to be recorded in the Minor Incident Book.

## PETS

Due to allergies, asthma and sensitivities of children and staff, furry pets are not permitted on the grounds or inside the facility. Anything that is in a cage or tank that children do not touch may be in our classroom and at the discretion of the manager. You will be notified in advance should your child physically interact with any animal within the daycare facility.

## FIRE DRILLS, EARTHQUAKE DRILLS & EVACUATION

We will be practicing monthly fire drills and annual earthquake, lockdown and evacuation drills. These are posted inside our classroom and all staff and volunteers are to be familiar with our procedure. If we need to evacuate the classroom due to emergency we will relocate to the field in the back of the elementary campus. We do have a tent and the emergency kits that you have provided.

## SCHOOL CLOSURES

LCS Preschool and JR K follows the school calendar. We will be closed 2 weeks at Christmas, 2 weeks at spring break, all statutory holidays and professional development days. There will be no refunds for absences due to school closures, vacations or illness. Any closure due

to bad weather, lack of heat, water or emergency will be posted on the school's website or LCS social media and announced on CKNW 980 AM, Praise106.5 FM, and Global TV.

## SNACKS AND BIRTHDAY TREATS

Each child will need to bring a container or package they can open independently that is small and healthy each day such as cut up fruit or vegetables, cheese, crackers, yogurt, etc. Please bring water in a non-spill labeled container and refrain from pop, juice or candy. We are a NUT FREE facility. Some years our snack policy may change due to extreme allergies because our preschool is a hands on program. This will be reviewed at the start of each year to ensure the safety of all children in our care. If your child tends to be a slow eater at times, please provide smaller portions that they can finish within 15 minutes. All perishable foods are to have an ice pack in an insulated container.

Our JRK program will have a snack and lunch time, please ensure you have an ice pack in your child's lunch bag to preserve your child food for the day. We do not have access to dishes or a microwave so please make sure your child has food they are able to eat as you pack it.

You may bring a small, nut free, easy to share snack for the class if you choose to celebrate your child's birthday with the class. Please do not send cupcakes or cake, some good ideas are cookies, fruit, rice crispy squares or Timbits.

## TOYS FROM HOME

We discourage toys from home, unless it is your child's show and tell day or we have a separation anxiety plan in place. We strive to

provide a variety of activities throughout the day that foster your child's motor skills, enhance imaginative play, and help them discover new interests. We rotate and disinfect toys on a regular basis.

## ACTIVE PLAY

Our Active Play Practices follow the Canadian Physical Activity Guidelines which are as follows:

- Children 3-5 years old should engage in a minimum 180 minutes of physical activity daily

The Licensing mandate states that a total of 60 minutes of active outdoor play should be implemented in all programs. To support this requirement our programs provide daily facilitated and unfacilitated active play opportunities for a minimum of 60 minutes total but strive for more. Through these opportunities children learn balance, coordination, motor skills, team work skills, negotiation, cooperation and planning. Active play supports the natural growth and gross motor development of children's bodies. A huge part of our programming and daily activities is implemented outdoors to allow children to experience nature and be freely active. This being said, please ensure your child at all times has the necessary outdoor clothing to allow them to freely participate in these experiences.

## CLOTHING

We like to play and discover inside and out in our program. Clothing should be labeled, appropriate for the current outside weather, comfortable and able to get MESSY. *Winter-* mittens and toques (no scarves) warm water proof jacket, pants and boots. *Rain-* waterproof

gloves, jacket, pants and boots (no umbrellas) *Summer*-hats and footwear should allow for safe outdoor play (no sandals and flip flops) Please apply sunblock prior to class.

Please keep a full change of clothes in your child's backpack at all times. (shirt, pants, socks, underwear)

"There is no such thing as bad weather, just bad gear"

## ARRIVAL AND DEPARTURE

Parents must bring in and pick up their child from the classroom, ensuring the staff are aware of the child's arrival or departure. Parents are responsible for signing their child IN and OUT. Always say goodbye to your child, please don't sneak out! Once you have said goodbye, don't prolong leaving, especially if your child is crying. This will only make it harder when you leave the next time. If you are worried about leaving your child in this manner, feel free to phone later to find out how your child is doing. The teachers will call you if your child remains upset.

Children will only be allowed to leave the facility with parents, guardians or persons specified on the registration form or a person who has written permission from a parent. Staff will check the person's ID before allowing the child to be released.

Due to unnecessary anxiety created in children and valuable time of the teachers, LCS Preschool and JR K has implemented a Late Pick up Policy.

If you would like a student to sign your child out, they must be 12 and



you need to have given prior permission. Because this student may not have an ID yet, you need to introduce them to the staff first.

## LCS PRESCHOOL/JR K LATE POLICY

We work hard to have your children ready to go at the end of class and we appreciate your efforts in being on time to pick your child up. In the event that you are more than 5 minutes late picking your child up from school after class has ended, you will be charged \$1.00 for each minute until you arrive. If you have an unforeseen emergency, please have a contingency of parent's phone numbers from your class who are willing and able to help you with the pickup of your child. In the event that another parent is signing your child out, please call the school to inform them.

If the parent does not arrive to pick up the child the supervisor will:

- contact both parents work numbers, home number(s) & all emergency contact people listed
- keep trying for two hours at which time the Ministry of Children and Family Development (MCFD) will be contacted (604.930.5405)

The preschool and JR K will assist in making alternate arrangements if a parent/guardian appears "unable" to safely deliver their child home. In the event that there is a concern for the safety of the child due to the adult's ability to drive safely, the police will be notified.

If an unauthorized person attempts to pick up the child the supervisor will:

- ask the person to remain outside the classroom until the parent is contacted for consent
- if consent is given, check the person's ID before allowing the child

to be released

If the unauthorized person becomes confrontational to the supervisor's request the supervisor will:

- notify the principal and ask him/her to talk with the person
- attend to the children in her care including the child in question

If the unauthorized person forcefully removes the child the principal will:

- write down the license plate number of the vehicle in question
- call the police and the MCFD

## PARKING

When you are dropping off or picking up your child, please use the parking lot. No one is permitted to park in the pickup/drop off lane in the front of the school at any time!

## HAND HYGIENE

The following will be done for prevention and general health and hygiene:

At drop off staff will assist children in washing their hands before engaging in any activities. Children's hands will be washed after toileting/diapering, before and after eating, before and after outdoor play, when changing activities, after coughing, sneezing and using a tissue or after contact with bodily fluids.

## MEDICATIONS

No medications whatsoever will be administered by any school staff member, prescription or over-the-counter. An exception will be given for medication that is needed in a life-threatening situation with a doctor's signed letter. Parents must fill out the Medication Administration form to authorize staff in this situation.

## ALLERGIES

Please ensure that the supervisor is aware of your child's allergies, including food sensitivities. If your child requires special treatment in case of a reaction (such as a bee sting) be sure that the supervisor is aware of it and that there is a kit on hand at the center at all times. While allergies are listed on your student profile form, be aware that allergies can also develop in people over time so frequent updating of information is very important. We also require a detailed letter for both allergies and sensitivities that describes the reactions both mild and severe and the actions you would like us to take. If your child has a specific dietary allergy, please send some birthday treats for the school year to be stored in the class.

## TRANSPORTATION POLICY

At LCS Preschool and JR K, we do not go on field trips where motorized transportation is needed. Children arrive and are picked up by their parents/guardians or people that have been given prior approval by the parent or guardian.

LCS Preschool and JR K walks within the school grounds and on occasion we will walk in the neighbourhood. The staff are to ensure they have performed a head count before leaving the premises and

also consistently during the time they are away from the facility. The staff are also required to bring along the emergency backpack which includes the emergency cards, first aid kit, as well as the attendance sheet and a fully charged cell phone for emergencies. Any other activities that would occur outside of the childcare facility will require additional parental written consent. If a field trip is planned off site, parents will be required to bring their child and supervise them during the field trip. Families will be given ample notice.

In the event that your child needs additional supervision for walks in the community, we will ask you to attend to provide direct support.

## CONFLICT RESOLUTION

Conflict is an inevitable part of life. When conflict arises all persons involved have an obligation to communicate openly and respectfully with one another. Remember that communication is key. It is important to ask questions if something isn't clear so that miscommunications or misunderstandings can be avoided.

Conflicts should be addressed at the earliest possible opportunity as unresolved conflict can lead to resentment, frustration, anger and mistrust.

Conflict resolution procedure:

- 1) Communicate directly with the person(s) whose action(s) are the cause of the complaint or misunderstanding. Many conflicts can easily be resolved at this step. It is important not to jump to conclusions and assume that the person is aware of the offensive nature of their words or actions. It is possible that

there was a misunderstanding, so it is crucial to approach the situation with an open mind and seek clarification.

- 2) Should the situation remain unresolved, bring your concerns to the Manager.
- 3) If the issue persists after bringing it to the managers attention a mediation session can be arranged with the Director of the Centre.
- 4) If you have questions regarding the Community Care and Assisted Living Act or Child Care Licensing Regulations please call the Fraser Health Community Care Facilities Licensing office to speak to a licensing officer directly. (604-514-6121)
- 5) If this matter involves any form of suspected abuse, neglect or other health and safety concerns, contact Fraser Health Community Care Facilities Licensing to make a formal complaint about the issue at hand. (604-514-6121)

## WITHDRAWAL PROCEDURE

Parents/guardians must provide one months' written notice upon withdrawal of your child. If one month's notice is not received, the parents/guardians will be responsible for one month's fees in lieu of notice, your deposit will be credited towards the final amount owing. If one month's written notice is received and there are no outstanding fees owing, your deposit will be applied as a credit to your last month's fees.

# GUIDANCE AND BEHAVIOURAL MANAGEMENT

We recognize that growth involves making mistakes which is a normal and expected part of a child's development. Our practices are based on realistic expectations of children's needs and abilities.

Teachers will:

- Establish clear, consistent and simple limits
- Offer straightforward explanations for limits
- State limits in a positive, rather than negative way
- Focus on the behavior without demeaning the person
- Make statements of expectation, rather than pose questions
- Allow time for children to respond to expectations
- Reinforce appropriate behavior with words and gestures
- Encourage children to ask for help when in need of assistance
- Remind children of limits
- Remain calm and kind in tone of voice and body language
- Acknowledge the child's feelings, validating and labeling them
- Support child to manage their emotions in healthy ways
- Redirect children when necessary
- Offer choices to a child when appropriate
- Give children the language to use rather than saying "Use your words"
- Prevention, setting up the environment so children can be successful
- Teach children to problem solve among each other
- Teach children to take responsibility for their actions

- Teach through coregulation

Corporal punishment is considered to be an unacceptable method of dealing with children's behaviors at LCS Preschool and Jr K. Children will under no circumstances be hit, slapped, spanked or shoved in any manner. Children will not be subject to harsh or belittling treatment nor will they be deprived of snacks, playtime, rest or necessary diaper changes as a form of punishment. We focus on positive guidance techniques only.

In the event that a child is struggling consistently with challenging behaviour(s) the teachers will set up a meeting with the parents/guardians to discuss concerns they may have and to develop a care plan that is agreed upon and signed by the parents/guardians and teachers. This helps to promote open communication and consistency in care and ultimately support the child in his/her development.

In the event that we have exhausted all avenues of support and resources and the negative behaviours/challenges continue to persist, we will require the child to attend our program with a qualified support worker. If a support worker is not provided through government funded programs the family will be responsible for any expenses incurred by the Centre to hire a support worker. If the family is not able or willing to provide funding the child will not be permitted to attend on unsupported days. Please note that parent fees will not be reduced for days missed due to lack of support. Continued negative behaviours that impact the health and safety of the children

in the group, will be grounds for removal from the program without notice. Our goal is to create a positive and safe environment for every child. See Termination of Care Policy.

NOTE: Any unusual behaviour will be documented and parents will be notified if there are any concerns.

## DEVELOPMENTAL SUPPORTS

If your child's teachers feel that your child would benefit from additional services, they will notify the parents to make recommendations. This may be a speech and language therapist, occupational or physio therapist or a developmental assessment. We believe that the relationship with families is a vital component and that if we all work together as a team, we can provide the best for each child and their individual needs. Each child is unique, learning and developing at different times and stages. Sometimes we need to include another professional in the support of a child's development, setting the child up for success. We know that all parents want what is best for their child, if a teacher talks about any concerns about your child, the expectation is that the teachers are respected as professionals and parents are to respond in action for the benefit of their child.

## TERMINATION OF CARE

LCS Preschool and Jr K is committed to open communication and we will work with parents and children to resolve any issues or concerns that may arise. While our goal is resolution, we do reserve the right to terminate care.



LCS Preschool and Jr K reserves the right to terminate care without notice or refund for any reason including but not limited to following:

- Non-compliance with policies.
- Inappropriate, disrespectful, abusive or aggressive behaviour/language by a parent/guardian towards any child, parent/guardian, or staff member.
- Failure to pay any outstanding balance on a family's account. Please note Tuition is due on the first of each month and is the responsibility of parents/guardians.
- Repeated late pick up.
- Failure to pick up a child or keep them home when asked to by staff (ie. due to illness or injury). Please note that children are required to be picked up within one hour of notification.
- In the event that care is terminated in accordance with our Guidance and Behaviour Management Policy the security deposit will be refunded. No other fees will be reimbursed.

## ILLNESS

Our Preschool and JR K is committed to providing a safe and healthy place for each child. A child with a communicable disease must be kept home. This includes fever, cold, vomiting, diarrhea, rash, chronic cough, pink eye, etc. In the event of a health outbreak/pandemic this policy will be updated in our orientation package.

The following points are to be observed:

- Children must be kept home if not able to participate in outdoor play

- If a child does not appear well at school, parents will be called to pick up their child and this decision will be left to the discretion of the preschool staff
- If a child has been exposed to any contagious disease (e.g. chicken pox, mumps, measles, etc.) the school must be notified. A child may only return to the school with medical consent.
- Children must be fever-free for 48 hours before returning to school
- Please refer to "Illness in Child Care – Quick Guide" at the back of this handbook

# ILLNESS IN CHILD CARE – A QUICK GUIDE

Disease	Symptoms	Infectious?	Remove from Preschool
Chicken Pox	Fever Blister type rash	YES 5 days after onset	YES From when spots first appear and 5 days after
Cold with Fever	Runny nose, clear discharge, doesn't want to eat, slight cough, plus fever – above 37 C. Runny nose – green discharge, tired, severe cough, hurts all over	YES Before and during symptoms	YES Until symptoms return to common cold 48 Hours
Common Cold	Runny nose, clear discharge, doesn't want to eat, slight cough	YES Before and during symptoms	YES Until cough subsides and runny nose is not constant
COVID-19	Fever, cough, tiredness, loss of taste of smell, sore throat, headache, aches and pains, diarrhea, rash on skin, discoloured fingers or toes, red or irritated eyes, difficulty of breathing, shortness of breath, loss of speech or mobility, confusion, chest pain	YES	YES for a minimum of 5 days or until symptoms resolve for 24 hours. Please see CDC website for update.
Diarrhea #1	Runny stools. If no other problems, check with parent. It could be normal or because of diet.	NO	NO
Diarrhea #2	Runny stools, fever about 37 C, bad smell, fussy, cranky, pain and/or vomiting	YES	YES Until doctor says it is not infectious 48 hours
Ear Infections	Fever, clear discharge from nose, cranky, pulls on ear	NO	NO
Flu	Fever is above 37 C, cranky, in pain, may have runny nose, nausea or vomiting	YES	YES Until symptom free for 48 hours
Hand, Foot & Mouth Disease	Spots on palms of hands, fingers and soles of feet. Sometimes on buttocks; for 7-10 days	YES	YES Until doctor says it is not infectious
Herpes Simplex (common cold sore)	Fever blister or sore around mouth	YES	Decide each individual case with a Public Health Nurse
Impetigo	Crusty rash, mostly on face, arms or legs	YES	YES Until on antibiotics for 48 hours
Nausea/Vomiting		YES	YES Until symptom free for 48hours
Pink Eye	Thick discharge from one or both eyes, redness itching of one or both eyes	YES	YES Until doctor says child may return
Rashes	Red spots anywhere – can be measles, chicken pox, allergies, impetigo	YES	YES Until doctor says it is not contagious

Sore Throat	Fever, red throat, hurts to swallow (could be strep throat)	YES	YES Until on antibiotics for 48 hours
Lice		YES	YES Until all nits are removed

## WHY PLAY?

We don't just play in our preschool or JR K, we are learning! The most effective way for young children to learn is through play. Play is recognized as an important factor in the development of the whole child. It is through play that a child has the opportunity to express and present what he or she knows and imagines. Our play-based program is filled with a changing variety of intentional stations.

## I WILL LEARN TO WRITE BUT FIRST I MUST...

Imagine, making up stories when I paint or create will help me to write.

Build, I need to learn to use my fingers independently to write.

Climb, I need strong arms and body muscles to sit up to write.

Manipulate, using crayons, paint brushes, pencils and pens will help me write.

Scribble and draw, making marks and shapes to convey my message will help me to write.

Play with letters and words, I need to be interested in letters and words to write.

## I WILL LEARN TO READ BUT FIRST I MUST...

Rhyme - I need to recognize the sounds that letters make before I can read.

Look at books - I need to be interested in books to learn to read.

Talk - I need an extensive vocabulary to understand what I read.

Do puzzles - I need to differentiate size, shapes, lines and directions to

read.

Track - I need to follow objects with my eyes to read.

Build - I need to use my fingers and hands independently to hold books and turn pages.

## I WILL LEARN MATHS BUT FIRST I NEED TO...

Count - Understanding numbers will help me in all areas of maths.

Sort and match - Understanding same and different will help me classify.

Explore - Exploring will help me understand spatial terms like in front, behind, above, below, left and right.

Measure - Measuring will help me understand the concepts of height, length, weight, time and money.

Pattern - Making and recognizing patterns will help me make maths predictions.

Recognize shapes - Recognizing 2D and 3D shapes will help me with all areas with geometry.



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